



# Daily Home Isolation Planner

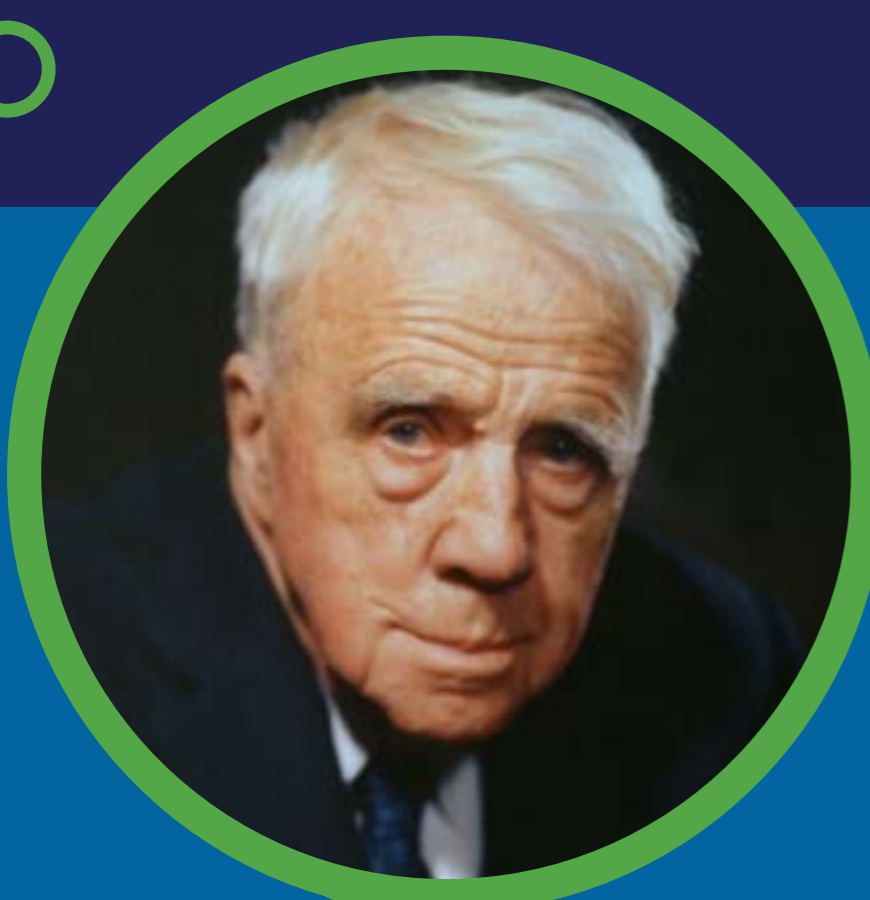
Quick workout to start the day

Let's do yoga today

8 seated yoga poses for finding focus



Feel good with this quote



Two roads diverged in a wood, and I—I took the one less travelled by, and that has made all the difference

ROBERT FROST

Show off on your WhatsApp group



An automatic music generator

Be a walking encyclopaedia on gears

Create a VR experience easily

Make a quick data gif

Take it easy!



This song is for that

Make good

your time



Be in the know: The rise of sanitised travel



Be up-to-date: All about the video streaming overhaul



Be curious: Keep track of new products



Cook up a storm

Why not Filipino-style chicken?

Time to wind down



Listen: A chapter a day of the world's first detective novel



Read: Gomorrah by Roberto Saviano



Watch: The Kitchen, on Prime Vide



Reflect: On the week gone by